# **STARTERS**

55

VEGETARIAN LUMPIA ► Crunchy, fried & delicious.	2 PCS <b>55</b>	<b>EDAMAME</b> 🦤 Steamed salted soybean pods.	s <b>30  </b> L <b>37</b>
Marinated tofu, spinach, ginger & mushroom, with lemongrass dipping sauce.		CORN ON THE COB ♥ Served with butter sauce, optional.	2 PCS 30
VEGETARIAN SAMOSAS Served with coriander chutney.	3 PCS <b>55</b>	QUICHE OF THE DAY Served with side salad.	
VIETNAMESE SPRING ROLLS 🦤	55	SWEET POTATO FRIES & KETCHUP 🦤	41
Crunchy veggies, marinated tofu, roasted cashews & herbs wrapped in rice paper with cashew coconut dipping sauce.		FRENCH FRIES & KETCHUP 🖤	55
caonon coconat aipping caacon		TRUFFLE FRIES & AIOLI 🦤	75
CRUNCHY TEMPE & TOFU CHIPS Served with a duo of Balinese spicy sambals.	38	Smothered in vegan parmesan cheese & truffle	oil.
50.752 a 445 0. 2455 op.0/ 5424.5		HERBED POTATO WEDGES	65
HUMMUS POT ₩ ADD PITA 10   VEGGIE CRUDITÉ 20	50	With melted oven baked cheese & herbs.	
ABBTINA IOTALOGIL GROBILL 10		SALSA & TORTILLA CHIPS 🦤	45
MEZZE PLATE Hummus, babaganoush, tabouli,	s <b>70</b>   L <b>110</b>	Fresh pico de gallo & crisp corn chips.	
roasted peppers, poached beets, feta cheese		NACHOS PILED HIGH	s <b>71  </b> L <b>95</b>
& black olives, served with pita bread.		Crisp corn chips smothered in melted cheese	
ADD PITA 10   VEGGIE CRUDITÉ 20		& topped with vegetarian chili, pico de gallo,	
		jalapeno peppers & sour cream.	
	55   9 PCS 73	CHOOSE AN ADD ON!	
Served with sour cream & butter sauce.		EXTRA MELTED CHEESE \$ 15 / L 30   CHICKEN C	HILI 35
<ul> <li>JACKFRUIT &amp; MUSHROOM</li> <li>CABBAGE &amp; CARROT</li> </ul>		GUACAMOLE (in season) 20 SOUR CREA	
CADDAGE & CARROT		VEGAN BEAN TOFU CHILI 30	30

### TRY OUR SOP BUNTUT EVERY WED & THU



ALL KAFE BOWL FOOD CAN BE ORDERED FRESHLY HEATED OR FROZEN. UPGRADE TO SOURDOUGH/GF 8

**SAAG PANEER** 

SOTO AYAM A restorative & flavourful Indonesian chicken noodle soup, served with spicy Balinese sambal & organic red rice.	75
HERBED TOMATO SOUP Sprinkled with parmesan cheese. Served with garlic toast.	50
<b>LENTIL STEW №</b> Topped with optional plain yogurt.  Served with garlic toast.	55
SPICED PUMPKIN SOUP ♥ Topped with optional plain yogurt. Served with garlic toast.	55
BROCCOLI PESTO SOUP (in season) Served with garlic toast.	55
TEX-MEX CHILI BOWL Served with melted cheese, pico de gallo, TOFU BEAN	

sour cream, organic red rice & corn chips.

ASK FOR VEGAN CHEESE & CREAM.

**CURRY DHAL SOUP** 

Served with chapati.

	Spiced spinach with soft cubes of homemade milk cheese (paneer), served with raita, mango chutney & chapati.	
50	KITCHEREE V Organic lentils & brown rice stewed with ginger, turmeric & garam masala, finished with green veg & coriander, served with optional raita.	55
55	,	
	MORINGA DETOX SOUP  A nutritious herbed broth with chopped vegetables & quinoa.	50
55		
	EXTRAS & ADD ONS	
55	CHEESE 30 TZATZIKI/PAITA	20

EXTRAS &	ADD ONS
CHEESE	TZATZIKI/RAITA20
SOUR CREAM 30	ORGANIC RICE
SALSA/PICO DE GALLO 15	(red/brown)
GUACAMOLE (in season) 20	QUINOA 25
SPICY SAMBAL	VEG (steamed/sautéed
(matah/merah) 12	/grilled) <b>25</b>
VEGAN BEAN TOFU CHILI 30	SAUTÉED MUSHROOM 25
CHICKEN CHILI 35	VEGGIE CRUDITÉ 20

# SALADS

### CHOICE OF DRESSINGS

TAHINI LEMON MISO GINGER DRESSING LEMON VINAIGRETTE **OLIVE OIL & RED WINE VINEGAR** HERB VINAIGRETTE PESTO HERB VINAIGRETTE BALSAMIC VINAIGRETTE PONZU SESAME

#### **EXTRA PORTION ADD 15**

MEG'S BIG SALAD BOWL ♥	90
Every veggie under the sun with tofu-tempe crunch	
& toasted seeds, served with dressing of your choice.	

MEG'S MINI SALAD BOWL♥	67
Same as above, just smaller!	

# KAFE SOBA PLATE 🦤

Cold sesame soba noodles, teriyaki tofu, steamed bok choy, mixed salad & chopped veggies. Served with homemade ponzu sesame sauce.

vinaigrette, fresh herbs. ADD MARINATED FETA 30

#### MEDITERRANEAN CHOPPED SALAD 🗪 🦞 75 Chunky chopped baby tomatoes, cucumbers, lettuce, capsicum, red onion & olives in a lemon

#### 87 KALE DETOX SALAD 🦤 Great for those on a detox, or seeking a nutrient

full meal. A mix of massaged kale with avocado, sliced carrots, red cabbage, poached beets, moringa, roasted nuts & seeds tossed in a lemon vinaigrette.

#### **ROASTED PUMPKIN & RUCOLA SALAD**

With crunchy roasted cashews & caramelized onion, 75 tossed with marinated feta cheese in a balsamic vinaigrette dressing.

# MARINATED GRILLED VEGGIE SALAD №

73 Eggplant, zucchini, onion, red pepper & baby potatoes over lettuce tossed in an herb vinaigrette. ADD MARINATED FETA 30

#### KAFE SUPER SALAD 🦤 **79**

Fresh kale, rucola, cherry tomatoes, roasted veggies, quinoa, avocado, topped with nutrient rich spirulina. Served with miso ginger dressing.

#### 125 **GRILLED TUNA SALAD**

Marinated pesto tuna steak & veggies served on a pile of greens with herb vinaigrette.

#### KAFE SIDE SALAD 45 A simple small plate of salad greens to accompany

any meal. Served with dressing of your choice.

## POKE BOWL NEW

**RAINBOW** BUDDHA 75 🦤 Brown rice, red kidney beans steamed broccoli & carrot, red cabbage, roasted beet, tofu & radish in a tahini lemon dressing.

HALLOUMI SESAME CRUSTED **AVOCADO 125** Salad leaves, cucumber. tomato, red capsicum, red kidney beans, steamed broccoli

**AHI TUNA 125** Sesame seared tuna, avocado. cucumber, wakame, radish pickled ginger, edamame, spring served with olive oil onion, spicy mayo, dressing & toasted brown rice & furikake.

**UPGRADE TO QUINOA ADD 20** 

sourdough.

# BREAD FOOD



115

115

90

80

85

85

**75** 

**75** 

BURGERS COME WITH HOMEMADE PICKLES & A SMALL SIDE OF FRIES, SANDWICHES & WRAPS COME WITH SWEET POTATO CHIPS.

### **VEGAN BURGER**

The perfect patty blend made from mushrooms, cashews, chickpeas, tofu and spice on a vegan bun, spread with a soy aioli, ketchup and all the fixins.

# KAFE BURGER

80

125 A grilled beef wagyu patty, served with mayo, O ketchup, relish, dijon mustard, grilled onions and all the fixins. ADD CHEESE 30 | BACON 40 | SAUTÉED MUSHROOMS 25

#### **BUTTERMILK CHICKEN BURGER**

A deliciously seasoned crispy fried chicken breast slathered with cayenne mayo, ketchup, cabbage coleslaw, relish and all the fixins.

### **GRILLED TUNA PESTO SANDWICH**

Mixed grilled vegetables, avocado, rucola, aioli & parmesan flakes on toasted sourdough.

# **BLT - BACON, LETTUCE & TOMATO**

**SANDWICH** With homemade mayo & all the fixins on toasted sourdough.

### **MELTED CHEESE & VEGGIE SANDWICH**

With aioli, avocado, cucumber & tomato on toasted sourdough.

### TEX-MEX -

#### CALIFORNIA GRILLED CHEESE **BURRITO 85 QUESADILLA 65**

Black beans, brown rice, cheese, salsa, red sauce, quacamole & sour cream, wrapped in a whole wheat tortilla.

A whole wheat tortilla full of delectable melted cheese. Served with salsa, sour cream & quacamole in season.

## ADD MIXED GRILLED VEG 25

### TANDOORI CHICKEN WRAP

Grilled marinated chicken, eggplant bharta, raita & veggies wrapped in a chapati. Served with coriander mint chutney.

## CHICKEN CAESAR WRAP

O Grilled marinated chicken, crunchy romaine, **1** parmesan cheese & caesar dressing.

#### **PESTO VEGGIE WRAP**

Grilled nightshades, fresh basil & melted cheese, topped with aioli pesto.

# **FALAFEL WRAP**

Tahini, babaganoush & salad greens wrapped in a chapati. Served with coriander mint chutney. OPTIONAL TZATZIKI.

### **BREAD OPTIONS**

SOURDOUGH | BAGUETTE | PITA | CHAPATI

UPGRADE GLUTEN FREE OPTIONS ADD 10 GF BREAD | GF PITA BREAD | CORN CHIPS | SWEET POTATO CHIPS

ADD SIDE GRILLED CHICKEN 25

50

# WORLD FLAVORS

## CLEAN STEAM VEGGIE PLATE 💜 Steamed mixed vegetables, tofu, roasted seeds & tahini dressing, served with organic red rice. TEMPE CASHEW NUT CURRY 💜 75 Tempe & mixed vegetables in a Balinese curry, served with organic red rice. THAI GREEN CURRY BOWL **TOFU 65** Tofu & mixed vegetables, served with CHICKEN 85 brown rice. CONTAINS FISH SAUCE, VEGAN POSSIBLE. KAFE INDIAN PLATE s 60 | L 90 Dhal, eggplant bharta, aloo ghobi, mango chutney,

# saag paneer & raita, served with organic red rice &

chapati. ADD SAMOSA 20

**GRILLED TASMANIAN SALMON PESTO** 225 Served with choice of mashed or smashed potatoes. sautéed greens & sunflower basil pesto.

**GRILLED TUNA STEAK** 135 Served with choice of mashed or smashed potatoes,

sautéed mixed vegetables. CHOICE OF SAUCE: PINEAPPLE SALSA / CHIMICURRI / BALINESE SAMBAL MATAH

#### PELMENI DUMPLING PLATE 110

12 mixed vegetable pelmeni in butter sauce, served with sauerkraut, pickles & sour cream.

JAMAICAN JERK CHICKEN 115

Spicy Caribbean grilled chicken breast, served with coconut red bean rice, broccoli & tangy pineapple salsa.

**GRILLED CHICKEN PLATE** 115

Served with brown rice, chimichurri sauce & a choice of steamed or sautéed broccoli, green beans or spinach.

#### LOW CARB KETO PLATE COMES WITH 3 SIDES. PLEASE CHOOSE: VFG NUT FAT ¼ avocado / side salad / almond / butter / mixed cashew/ olive oil / olives vegetables walnut ADD YOUR CHOICE OF PROTEIN: 75 • STEAMED TOFU 🦤 135 • CHICKEN / TUNA / BEEF PATTY • **SALMON** (150gr) 225

# TRY OUR OVEN ROASTED CHICKEN & VEGETABLES EVERY WEEKEND!

# STIRFRIED

GREEN FIEND ♥	тоғи <b>65</b>
Stirfried greens & tofu in a soy-ginger sauce,	CHICKEN 85
served with organic red rice.	

**CASHEW GINGER CHICKEN** 85 Moist chicken breast sautéed with aromatic ginger & spices, served with organic red rice.

**PAD THAI TOFU 75** Rice noodles stir fried with tofu & mixed CHICKEN 85 vegetables in our classic Pad Thai sauce,

topped with sprouts, cilantro & roasted cashews. CONTAINS FISH SAUCE, VEGAN POSSIBLE.

KAFE RED RICE NASI GORENG TOFU **60** Our signature version of Indonesian fried rice CHICKEN 75 stirfried with mixed vegetables, tofu & roasted cashews. ADD A FRIED EGG 10

**KAFE MIE GORENG TOFU 60** Stir fried noodles with mixed vegetables in a CHICKEN 75 sesame soy sauce. ADD A FRIED EGG 10

PASTA CHOICE OF FETTUCCINE OR SPAGHETTI / UPGRADE TO GF PASTA OR ADD AN EXTRA PROTEIN!

PARMESAN CHEESE ON REQUEST.

PASTA PRIMAVERA 85 Spinach fettuccine tossed with grilled vegetables, olives & extra virgin olive oil. ADD MARINATED FETA 30

PASTA PESTO 🖤 80 Fettuccine & grilled vegetables tossed in sunflower pesto, topped with shredded rucola.

SPAGHETTI AGLIO OLIO 🦤 **75** Spicy spaghetti tossed with garlic, chili flakes, parsley & olive oil.

**CHICKEN BROCCOLI FETTUCINE** 105 Tossed in a creamy madras curry sauce, sprinkled with parmesan.

**CLASSIC SPAGHETTI BOLOGNESE** 105 Tossed in a tomato & beef ragu, sprinkled with parmesan.

PASTA POMODORO 🔊 85 Spaghetti tossed in a tomato sugo with garlic toast. **ADD BEEF MEATBALLS 35** 

### EXTRAS & ADD ONS

	EXTRAG & ADD GITG	
ROASTED SEEDS10	PITA BREAD/CHAPATI 10	SALSA/PICO DE GALLO 15
ROASTED CASHEW20	RICE (red/brown)	SPICY SAMBAL (matah/merah) 12
SAUERKRAUT15	QUINOA 25	GUACAMOLE (in season)20
PICKLES 10	SIDE POTATOES (breakfast pan fried/	VEGAN BEAN TOFU CHILI30
KAFE SIDE SALAD45	rosemary garlic mashed/smashed fried/	CHICKEN CHILI
VEG (steamed, sautéed, or grilled)25	mashed) 25	TOFU OR TEMPE (steamed/grilled)15
DHAL30	CORN CHIPS, SWEET POTATO CHIPS,	GRILLED CHICKEN (100gr)25
HUMMUS20	GARLIC BREAD CRISPS 8	TUNA (150gr)80
BABAGANOUSH20	CHEESE	SALMON (150gr)
TAHINI15	MARINATED FETA30	SIDE Ó BACON (3 slices)40
BOWL OF OLIVES 25	VEGAN CHEESE/CREAM (25gr) 30	COCONUT BACON 15

# DESSERTS

30

45

45

45

45

35

45

55

55

55

60

60

35

50

45

35

# **CAKES & PIES**

Topped with whipped cream.

**BANANA BREAD** 

ASK ABOUT OUR FRESH BAKED MUFFINS!

**CARROT WALNUT CAKE** 40 With dried coconut, pineapple & raisin. **CARROT RAISIN CAKE** 30 Topped with whipped cream.

ALMOND CHOCOLATE CAKE With orange peel & dates.

LIME MERINGUE PIE

HOMEMADE APPLE PIE Topped with whipped cream.

ORGANIC MULBERRY PIE Topped with whipped cream.

**DARK CHOCOLATE BROWNIE** 

**ALMOND ORANGE CAKE GF** 

**VEGAN COCONUT CARAMEL CAKE** 

**VEGAN KEY LIME TART W GF** 

Cashew, pistachio, coconut, lemon lime, dates & maple syrup in an almond crust.

RAW CHEESECAKE V CHOCOLATE | MIX BERRY

RAW BLUEBERRY CHOCOLATE CAKE > GF RAW SPIRULINA MINT CAKE V GF

**CINNAMON ROLL** 

BOWLS 5

FRUIT CHIA PUDDING > Ask the wait staff for more details.

BUBUR INJIN 🖤 Black rice pudding with coconut milk & sliced banana.

YOGURT BOWL PLAIN I VANILLA

ADD AN EXTRA SCOOP OF SORBET OR ICE CREAM TO ANY DESSERT. CHANGE WHIPPED CREAM FOR VANILLA OR PLAIN YOGURT IF YOU LIKE ...

# HOMEMADE GELATO

SINGLE 30 / DOUBLE 50

Ettore Gelato B A I I

**CHOCOLATE VANILLA SALTED CARAMEL** 

SORBET > SINGLE 30 / DOUBLE 50 **MANGO** COCONUT **LEMON** 

# KIND KOKO ICE CREAM >

SINGLE 30 / DOUBLE 50

MORINGA MINT CHOCOLATE CHIP **CHOCOLATE MACA** 

# RAW ENERGY BALLS > 30

**SESAME DATE CHOCOLATE CHILI SPIRULINA** 

**CHOCOLATE MORINGA COCONUT LEMON** 

ASK OUR SERVERS FOR NEW FLAVOURS & OUR DESSERT SPECIALS.

## POPSICLES > 30

MAD POPO

100% NATURAL FRESH FRUIT. ASK OUR SERVERS FOR THE FLAVOURS

# RAW CHOCOLATE № 69



MINT & GOJI BERRY Cooling superfood energy.

**RAISIN & CASHEW** Manifesting abundance.

**PURE & RAW** Absolute chocolate.

**WILD ORANGE & FIG** Biblical citrus magic.

NOW THAT YOU HAD YOUR MEAL, MAKE PLANS FOR THE FUTURE:





SEE YOU AT THE NEXT:









Kryasta Guna





BOOK A TABLE

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